

Pitching Pad User Throws No-Hitter

On February 25, 2007, Bernard Pena did something he never thought would happen, not even during the game.

“I didn’t even realize what was going on until they tackled me after the game,” Pena said. He didn’t know it right away, but he had just thrown his first career no-hitter against Division II Texas A&M International University.

Pena, a junior pitcher at Schreiner University in Kerrville, TX, had been working before the season started with Head Coach Castillo down in the bullpen. However, he was having some trouble with a couple of his pitches.

“I couldn’t control my fastball and curveball in the bullpens...”

Coach Castillo said they had been working with Pena during his bullpens, but his control just wasn’t coming around quick enough.

“It’s not just about throwing in the pen (with a catcher). You have to do work on your own,” Coach Castillo said. “We kept telling him he needed to take out The (Pitching) Pad during his flat ground work.”

Pena finally did take the coach’s advice. He began using The Pitching Pad a couple of times a week during his flat ground workouts in between bullpens and games.

“...I decided to start using The Pad. The numbers helped a lot to focus. It really helped with my mechanics, especially my release point.”

His hard work paid off in the game on Sunday earning him his first no-hitter and the ASC West Division Pitcher of the Week honor.

After the game was over, Bernard walked over to Coach Castillo and said, “Coach, I’m taking The Pad out every day now...”

Now that is what I like to hear...thanks go out to Bernard Pena and Coach Castillo for their information in this article.